

The locus of this work is primarily about rhythm, which is of time, and perhaps time itself. In any case rhythm is surely a basic building material of the universe; just as surely we could not live or function a moment without it. The research for this workshop has had the effect of both clarifying and strengthening my thoughts and work. A major effect has been the realization of how deeply historical perspective has formed me, in particular that of western culture. This has led me to a distinct abhorrence of slavery and all of its insidious manifestations. Equally clear is how deeply this detestation has formed and influenced not only my work and ideas, but my valuation of human life and dignity. Consequentially I understand that this realization cannot remain only as abstract notes or a conceptual dance pieces. I believe it is vital in these dangerous time, to speak and share all one knows no matter how much or how little. It is a crucial era of responsibility for all freedom loving beings, one in which the necessity to seek out one another speak and share is perhaps paramount to our very survival. The rhythm we are educated in is one of fear, isolation and solitude. We are trained not to touch, nor gather and certainly not to love. Though it is true we have little protection from external coercion, we fortunately still have the possibility of internal choice and decision. We can still choose what we accept; what we believe. We still can choose what we agree with and vitally where we stand. Important to bear in mind is that all laws created by man are subject to scrutiny, debate, inquiry and finally change..if and by means necessary. It is precisely the reason why all man made laws through out written history have been backed by ideology, empire and force arms. At our present juncture of history, this particularly insidious form of self-censorship and containment effectively supplants more obvious forms of suppression.

Using the Christian concept of sin as example, if anything is sin it is surely the self-censorship of ones own mind, body and spirit. In conclusion I will state that though this workshop is serious in intent, this does not mean we should take our selves seriously. I maintain that this is a problematic flaw especially in western culture and it if anything leads to isolation,separation, then to elitist self-adoration, ending finally in violence and war. In English there is a funny joke about the sound of one hand capping, is this not the sound of the isolated ego? The search for ones own rhythm is to firstly know your own, then to integrate it with others. Remember we were born of others, all we have learned comes from others and from this ocean we came from and will return. Our contribution to this is both necessary and important, but it must truly be of each ones own tone and own rhythm. This is the true meaning and function of the word harmony. Each of us is born with the divine right to sing, to dance and to love, these being direct paths to creation itself. Do not be misled into believing you need a middleman or an interpreter. No one can give or take away what is truly yours, but you can be tricked into giving it away or worse selling it.